



  
ruffled truffle

# ruffled truffle

Bowl Food Menu 2019/2020



Meat

Chicken Tikka Masala with Poppadum's and Basmati Rice

Lamb Tagine with a Char Grilled Vegetable Couscous

Thai Green Curry with Jasmine Rice

Mini Sheppard's Pie

Oriental Stir fry Chicken with Bok Choy, Oyster Mushrooms and Soy Sauce

Albondigas Meatballs with a Smoked Bean and Tomato Sauce

Lamb Casserole with Rosemary Dumplings

Braised Beef Goulash with Smoked Paprika and Brown Rice

Fish

Poached Salmon Fillet with Pickled Ginger, Edamame Beans, Sweet Soy on black Wild Rice

Cod Provençale, steamed Cod Loin, in a Vine Cherry Tomato, Caper and Black Olive Sauce

Sweet chilli prawns with stir fried rice noodles and vegetables

Classic Fish Pie with Burnt Pom Puree

Seafood Paella

Seafood Risotto

Vegetarian & Vegan

Normandy style Ratatouille with Sundried Tomatoes and Potato Gratin Biscuit

Pumpkin and Pine Nut Ravioli with Green Pesto

Vegetarian Lasagne with Aubergine and Courgette

Spinach and Ricotta in Sage Butter

Caramelised Onion with Brown Lentil Pilaf

Dumplings Pilled with Smoked Aubergine served with a Garlic Yogurt and Tomato Sauce

Please contact us regarding staff, delivery and our unique presentation equipment. Please advise us of any allergens and dietary requirements.

/ 0203 659 2146 /

/ 07708 366 127 /

/ info@ruffledtruffle.com /

/ www.ruffledtruffle.com /



Please contact us for our full range of menus and services

0203 659 2146 or 07708 366 127

[info@ruffledtruffle.com](mailto:info@ruffledtruffle.com)

[www.ruffledtruffle.com](http://www.ruffledtruffle.com)

